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IRPS BULLETIN

Volume 19 No 3 December, 2005

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EDITORIAL

As 2005 draws to a close, we are happy to distribute IRPS bulletin, Volume 19 No. 3 (the 4th issue produced this year). As always we appreciate and subsist on submissions by the membership. As illustrated in recent bulletins, this includes reports from conferences, articles and tutorials on radiation physics, and announcements of upcoming conferences, symposia, and IRPS activities.

In this issue we begin to shine a spotlight on the 10th International Symposium on Radiation Physics (ISRP-10) to be held 17-22 September 2006 in Coimbra, Portugal. You are also encouraged to learn about the associated Workshop on Use of Monte Carlo Techniques for Design and Analysis of Radiation Detectors (15-17 September 2006, Coimbra).

In upcoming issues we plan to include further symposium details, lists of invited speakers, abstracts, and helpful logistical guidance in making one's way to Coimbra.

After ISRP-10, and with your assistance, we hope to provide reflections from this triennial meeting of the Society and a review of the technical content from Coimbra for the membership at large.

Wishing you a peaceful and happy new year,

Larry Hudson

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PRESIDENT'S REPORT

Origins of "Radiation"

As members of the International Radiation Physics Society, it is interesting for us to note the origins of the word "radiation," which apparently entered the English language at the end of the 16th century. (It would be interesting to hear of the origins in other languages, if some member of IRPS could provide information.)

The concept of radiation is of course is much older, and we find it, for example, in the ancient Greek atomists. Thus Epicurus, in his summary of such thought in his "Letter to Herodotus", writes:

"We see a thing when something (idols) comes to us from its surface, their energies impressed on them by the vibrations in the depth of the solid object ...the particles composing them retain the form they had on its surface..."

Note that the discussion is of what we would now call electromagnetic radiation, but a radiation composed of particles. (If we wish, we could now understand "photons.") Newton (talking about polarization) expresses a similar view in his "Optiks":

"Even the rays of light seem to be hard bodies, for otherwise they would not retain different properties on their different sides."

According to my dictionary, the use of the word "ray" is ancient, coming from Middle English, from Middle French, from Latin. But "radiation" is first used in 1570, radiance in 1601, radiate in 1619, radiancy in 1646, radiant in 1727, radiant heat in 1794, radiator in 1836, radiant energy in 1890, and radiant flux in 1925.

By the 19th century such rays or radiations were considered as wave motions, not particles, and radiation was commonly understood as referring to light or heat.

But the terms "ray" and "radiation" were still also understood more generally. Thus
J. J. Thomson in his 1897 paper "Cathode Rays", viewed as reporting the discovery of the electron, writes that the rays are

"...wholly material, and mark the paths of particles of matter charged with negative electricity..."

Similarly Rutherford and Soddy, in their classic 1903 paper discussing "Radioactive Change", speak of the "synchronism between the change and the radiation", of "the material nature of the radiations," and that "alpha and beta rays (are) two types of radiation."

We see both views in the 1911 Encyclopedia Britannica (11th Edition), in which the article "Radiation, Theory of" treats electromagnetic radiation, light and heat, while the article "Radioactivity" (written by Rutherford) says that "these substances spontaneously emit radiations...able to penetrate through matter opaque to ordinary light."

Webster's Collegiate Dictionary in 1936 (Fifth Edition) talks of "radiant energy...(as in light rays, x-rays, gamma rays, etc.)," while by 1985 (Ninth Edition) it talks of "radiant energy in the form of waves or particles." Similarly, by 1974 (15th Edition) the Britannica says that

"Radiation consists of a flow of atomic and subatomic particles and of waves, such as those that characterize heat rays, light rays, and X-rays. All matter is constantly bombarded with radiation of both types from cosmic and terrestrial sources."

When the International Radiation Physics Society was founded in 1985 its Constitution stated that

"Radiation Physics is defined as the branch of science which deals with the physical aspects of interactions of ionizing radiations (both electromagnetic and particulate) with matter."

The emphasis is less on the nature of the radiations than on what they do. (Note that the restriction to ionizing radiation was subsequently removed, recognizing the importance of also including non-ionizing radiations in modern Radiation Physics.)

I hope this account provides some insight into the use of the word "radiation," as in the name of our Society. I would welcome further information, comments, and viewpoints.

Richard Pratt

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MEMBER'S PAPER

A Study of the Linear Attenuation Property of some Materials and their Influence on Radiographic Contrast

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ABSTRACT:

The attenuation property of Ebony wood and Perspex, as well as the radiographic contrast produced by these materials, were studied along side those of aluminium, tin and copper metals (for comparison) at the x-ray energy of 67kV and 40mAs, to assess the possibility of the adoption of Ebony wood and Perspex as x-ray cassette window materials. Results obtained revealed that ebony wood and Perspex attenuated the beam moderately (42.3% and 47.4%, respectively) and recorded radiographic contrast values above 0.5 (50% of optimum contrast in radiology), higher than values obtained for tin and copper, but less than contrast values recorded with aluminium. The results suggest the possibility of the use of ebony wood and Perspex, probably with treatment for enhancement, as x-ray cassette window materials, in addition to their use as shielding materials at much lower energies.

Keywords: Attenuation, Ebony wood, Perspex, Cassette, Contrast

INTRODUCTION :

Radiographic image quality is a primary factor in the utility of a radiograph for diagnostic purposes. The image must contain certain diagnostic information in a form that is easy to extract visually. The ease with which this information is extracted is dependent on the magnitude of the densities and density difference (Jenkins,1981) recorded on the radiograph.

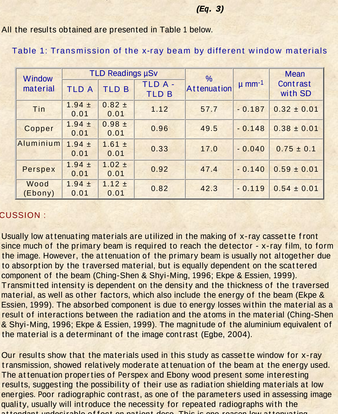
Such densities are themselves heavily dependent on several factors, like exposure factors, thickness of the part irradiated, the attenuation properties of the cassette front (radiolucent window, among others (Christensen et al, 1978). The attenuation properties of a material determine its attenuation coefficient, which is a measure of the quantity of radiation attenuated by a unit thickness of that material traversed (Christensen et al, 1978; Hay & Hughes, 1978; Ekpe & Essien, 1999). Different materials have different attenuation properties because of different factors which include the nature of radiation, the properties of the medium - atomic number, density and electrons per cubic centimeter (Mescham & OH, 1984 ; Brant and Helms, 1998).

The quality of the transmitted beam, is therefore dependent on the attenuation properties of the traversed material and determines the quality of the radiographic image, which is formed on a light sensitive medium, the x-ray film (Jenkins, 1981; Chesney & Chesney, 1981). Materials used in x-ray cassette manufacturing are made into light tight containers and are made to have a uniform radiolucent cassette front (Jenkins, 1981; Egbe, 2004), which serves as the window for x-ray transmission to reach the recording medium. Several materials have been used for this purpose some of which have already been dropped. However research into the possible utility of some other materials is needful, as the search for optimum benefits in image quality (Corr, 2001) and radiation protection (Munro, 2004) continues. Usually low attenuating materials are utilized in the making of x-ray cassettes since much of the radiation beam needs to reach the detector (film) to record the image. Poor film contrast, as one of the determinants of image quality, will introduce the necessity of repeated radiograph with the attendant undesirable effects on patient dose increase.

This work focuses principally on the attenuation of wood (Ebony) and Perspex used as cassette front (window) materials, side by side with aluminium, copper and tin, with a view to possible adoption of these materials for further development as cassette front materials, particularly in places where these materials exist in abundance.

MATERIALS AND METHODS :

Cassettes were constructed using the materials under study - aluminum, copper, tin and Perspex and wood. Construction was such that the cassette window, through which x-radiation passes into the cassettes to reach the film, was made of a thin sheet of the test material (2.0 mm thickness) and calcium tungstate based intensifying screens (which emit blue) attached to the back of the window material. Screen type films of the Konica media were placed within the boxes, which had provision for being locked. The experimental cassettes were then severally and individually exposed to x-radiation from a high frequency single-phase x-ray generator having a maximum output of 150kVp, 500mA and 0.5 seconds, and a minimum output of 45kVp, 50mA and 0.001 seconds, respectively. Exposures were made at 67kVp, 200mA and 0.2 seconds (40mAs), with the selection of factors based on the variable kV method for adult mid-thigh measurement of 20cm, described by Munro, (2004). The experimental set up is as shown in Figure 1, below.



Bone and water phantom materials (dry pelvic bone and a sachet of water in a cellophane bag) were placed above the cassette front window being tested, for determination of contrast (image quality). One thermoluminiscent dosimeter (LiF) chip each, labeled as TLD A and TLD B, respectively, were placed above and immediately below the cassette window to measure the "skin dose" (above) and the transmitted intensity (below), of the x-ray beam, respectively. The TLD chips were read with a vinten solaro TLD reader calibrated in µSv, and the attenuated components of the beam for each material was computed using Equation 1, below :

TLD A - TLD B = Attenuated quantity (Eq. 1)

The exposed films were processed manually for 3 minutes, in a developer bath with temperature 26ºC, then fixed and washed for 10 and 30 minutes respectively. Processed films were dried in a separate dryer (Holm, 2000; Lloyd, 2001) and the recorded densities read with a Sakura model PDA - 85 digital densitometer From these, contrast between the bone and the water phantom determined for assessment of the radiographic contrast by Equation 2, below :

$$D_w - D_b = Contrast \qquad (Eq.\ 2)$$

where D_w and D_b represent the density readings for bone and water phantom, from the densitometer.

The attenuation coefficients were determined from the mathematical relationship expressed in Equation 3 (Hay & Hughes, 1978; Ekpe & Essien, 1999; Inyang et al, 1999).

$$I = I_o\, e^{-\mu x} \qquad (Eq.\ 3)$$

All the results obtained are presented in Table 1 below.

Table 1: Transmission of the x-ray beam by different window materials

Window material	TLD Readings µSv			% Attenuation	µ mm^{-1}	Mean Contrast with SD
	TLD A	TLD B	TLD A - TLD B			
Tin	1.94 ± 0.01	0.82 ± 0.01	1.12	57.7	- 0.187	0.32 ± 0.01
Copper	1.94 ± 0.01	0.98 ± 0.01	0.96	49.5	- 0.148	0.38 ± 0.01
Aluminium	1.94 ± 0.01	1.61 ± 0.01	0.33	17.0	- 0.040	0.75 ± 0.1
Perspex	1.94 ± 0.01	1.02 ± 0.01	0.92	47.4	- 0.140	0.59 ± 0.01
Wood (Ebony)	1.94 ± 0.01	1.12 ± 0.01	0.82	42.3	- 0.119	0.54 ± 0.01

DISCUSSION :

Usually low attenuating materials are utilized in the making of x-ray cassette front since much of the primary beam is required to reach the detector - x-ray film, to form the image. However, the attenuation of the primary beam is usually not altogether due to absorption by the traversed material, but is equally dependent on the scattered component of the beam (Ching-Shen & Shyi-Ming, 1996; Ekpe & Essien, 1999). Transmitted intensity is dependent on the density and the thickness of the traversed material, as well as other factors, which also include the energy of the beam (Ekpe & Essien, 1999). The absorbed component is due to energy losses within the material as a result of interactions between the radiation and the atoms in the material (Ching-Shen & Shyi-Ming, 1996; Ekpe & Essien, 1999). The magnitude of the aluminium equivalent of the material is a determinant of the image contrast (Egbe, 2004).

Our results show that the materials used in this study as cassette window for x-ray transmission, showed relatively moderate attenuation of the beam at the energy used. The attenuation properties of Perspex and Ebony wood present some interesting results, suggesting the possibility of their use as radiation shielding materials at low energies. Poor radiographic contrast, as one of the parameters used in assessing image quality, usually will introduce the necessity for repeated radiographs with the attendant undesirable effect on patient dose. This is one reason low attenuating materials that combine production of an image of good diagnostic quality (having acceptable contrast) are preferred for diagnostic radiography.

Images produced by the different materials studied of the bone and water phantoms showed long scale contrast for tin and copper, with significant shades of grey, while the image produced by the aluminium window showed short scale contrast (large difference in densities recorded) (Munro, 2004). Perspex and wood recorded appreciable contrast - somewhere between the two scales. This suggests that Perspex and wood, perhaps with proper treatment, could be used for making specialized cassettes for radiographic examinations requiring mid-scale contrast images.

CONCLUSION :

From the foregoing, Ebony wood and Perspex could be useful as x-ray cassette front materials at energies of less or equal to 67kV.

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Highlights of the 6th Symposium of CNRA

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The 6th Symposium of the Croatian Nuclear Radiation Association was held in Dubrovnik Turkic Spa Hotel, Zagreb, from 20th to 22th March 2003. The Symposium was organized by the Croatian Nuclear Radiation Association and the Nuclear Radiation Institute.

For the 6th Symposium 71 presentations were registered, 5 of them were invited lectures. Out of 71 presentations 44 were oral presentations and 27 were poster ones.

1. Biological effects of
   1. Ionizing radiation
   2. Non-ionizing radiation
2. Public exposure to
   1. radiation (NI)
   2. Radiation protection to the public
   3. Radiation risk
   4. Non-ionizing radiation.)

In addition, we had the honor of introductory lectures devoted to the 100th anniversary of the birth of Ruđer Bošković, the famous Croatian scientist, and to the 50th anniversary of the discovery of the structure of DNA.

The 6th Symposium of CNRA was organized in cooperation with the International Atomic Energy Agency (IAEA) (http://www.iaea.org/). Some full papers of oral and poster presentations in the field of radiation protection were published in the Proceedings of the Symposium, which was published by the Croatian Nuclear Radiation Association in 2003.

Celebrating the World Year of Physics 2005, CNRA organizes a Symposium on Radiation Protection and Nuclear Safety, which will be held in Zagreb, Croatia, from 20th to 22th March 2005.

The lectures entitled "Ruđer Bošković and His Contribution to Science" and "The Discovery of the Structure of DNA" were given by Professor Ivica Picek, Ph.D. and Professor Ivo Slaus, Ph.D., respectively.

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The lectures entitled "Ruđer Bošković and His Contribution to Science" and "The Discovery of the Structure of DNA" were given by Professor Ivica Picek, Ph.D. and Professor Ivo Slaus, Ph.D., respectively.

The first lecture was devoted to the life and work of Ruđer Bošković, the famous Croatian scientist, who was born in Dubrovnik in 1711. He was a Jesuit priest, mathematician, physicist, astronomer, philosopher, poet, diplomat, engineer, and he was also active in many other fields. He published around 70 papers and books, the most famous of which is his philosophical work "Theoria philosophiae naturalis redacta ad unicam legem virium in natura existentium" (1758). The theory of his natural philosophy was the first unified field theory.

The second lecture was devoted to the discovery of the structure of DNA, which was published in 1953 by James Watson and Francis Crick. Their model of DNA was based on the X-ray diffraction images taken by Rosalind Franklin and Maurice Wilkins. Watson, Crick and Wilkins received the Nobel Prize in Physiology or Medicine in 1962. Unfortunately, Rosalind Franklin died in 1958 and was not awarded the Nobel Prize.

The Symposium was opened with a welcome address by Professor Ivica Picek, Ph.D., President of the Croatian Nuclear Radiation Association, and Professor Ivo Slaus, Ph.D., President of the Nuclear Radiation Institute.

In addition, we had the honor of introductory lectures devoted to the 100th anniversary of the birth of Ruđer Bošković, the famous Croatian scientist, and to the 50th anniversary of the discovery of the structure of DNA.

Presentations of the session "General Topics" informed the participants about the activities of the Croatian Nuclear Radiation Association, the Nuclear Radiation Institute, the Croatian Radiation Protection Agency, and the Croatian Nuclear Safety Agency. Some of the topics of radiation protection was described [1], [2], [3], [4], [5], [6], [7], [8], [9], [10], [11], [12], [13], [14], [15], [16], [17], [18], [19], [20], [21], [22], [23], [24], [25], [26], [27], [28], [29], [30], [31], [32], [33], [34], [35], [36], [37], [38], [39], [40],

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